

# COVID-19 UPDATE

## TEMAGAMI UPDATE #7 on COVID-19

March 26, 2020

The Municipality of Temagami is continually monitoring COVID-19 and is working closely with the Timiskaming Health Unit and community partners to take preventative measures and respond appropriately.

At the time of release there is one confirmed COVID-19 case in the North Bay / Parry Sound Health Unit area and one confirmed case in the Timiskaming Health Unit area. Updates are provided, twice daily, by the Province. PLEASE ENSURE YOUR INFORMATION IS COMING FROM A VERIFIED SOURCE.

**A 14 DAY LEGAL QUARANTINE PERIOD IS NOW MANDATORY** for anyone returning to Canada from another Country. Health Officials also advise that this should apply to those coming from any affected area and are advising all to **AVOID UNCESSARY TRAVEL.**

The safety of our community is of the utmost importance. If you have been to an affected area, had contact with an affected person or have developed any symptoms **YOU NEED TO** self-isolate for 14 days. If you need help, please do the responsible thing and call someone you know.

Please find ways to keep in constant **COMMUNICATION AT A DISTANCE** with your loved ones, via telephone or electronically. If you know a senior, vulnerable person or persons with a compromised immune system that lives alone or may not have the local family support available, please contact them via telephone or electronically, to ensure they are ok.

For the safety of our frontline workers you must be honest about where you have been, who you've been in contact with and how you are feeling when communicating with our Health and Emergency Services Providers.

### **A SPECIAL NOTE TO OUR SEASONAL PROPERTY OWNERS:**

We presently do not have the community capacity that would be required to absorb an increase in population at this time.

From a safety perspective, especially when you get into a spring thaw, the ability to reach people needing medical attention can become an issue depending on where you are located.

PLEASE REMEMBER TO MAINTAIN AT LEAST A 2 METER PHYSICAL DISTANCE FROM OTHERS!