

COVID-19 UPDATE

TEMAGAMI UPDATE # 36 on COVID-19

September 09, 2020

CONFIRMED COVID-19 CASES IN NORTHEASTERN ONTARIO = 253				
Timiskaming	Timmins/Porcupine	Sudbury	North Bay / Parry Sound	Algoma
19	74	94	37	29

Continue to practice good hygiene. COVID-19 is a contagious disease. Proper hygiene practices will help lower your chance of getting it or spreading it to others.

- Wash your hands often with soap and water for at least 20 seconds or use alcohol-based hand sanitizer containing at least 60% alcohol
- Cough and sneeze into a tissue or the bend of your arm
- Avoid touching your face with unwashed hands
- Dispose of used tissues in a lined waste container and then wash your hands

COVID-19: reopening schools - Read Ontario's approach to reopening schools so students can continue learning, and find out how they are keeping the health, safety and wellbeing of students and staff their top priorities by visiting: <https://www.ontario.ca/page/covid-19-reopening-schools>

The flu - Anyone can catch the flu. Protect yourself – and others – learn about the virus and recognizing the symptoms by visiting: <https://www.ontario.ca/page/flu-facts>

Flu shots – Will be available from your primary care provider by mid-October. The Timiskaming Health Unit will be holding community clinics in November allowing time for primary care offices to hold their own clinics first. You do not have to be a patient of the Temagami FHT to get your flu shot, however appointments are required. Please watch for details of flu clinic dates in the coming weeks. Please call 705-569-3244 to schedule an appointment.

You will be screened for COVID-19 prior to your arrival for your flu shot. Upon arrival, you are to remain in your vehicle in the parking lot at which time a provider will come out to give your vaccine through your vehicle window. You will be expected to remain in your vehicle in the parking lot for 15-20 minutes post vaccination to monitor for a reaction. You will be asked to bring someone with you to your appointment.

Together, let's limit the spread of COVID-19 and prevent future outbreaks - The government's priority is, and will continue to be, protecting people's health and wellbeing while planning for recovery and growth. That is why it is essential that everyone continues to act responsibly and respectfully towards their fellow citizens by following the advice of public health officials.

For more information on the regulations related to wearing masks please visit: <https://www.timiskaminghu.com>

The Municipal Office and the Temagami Public Library are still accessible via scheduled appointments, telephone and by doorbell located at the exterior doors.

THANK YOU ALL FOR YOUR SUPPORT AND EFFORTS

www.Temagami.ca
(705) 569-3421

IF YOU WISH TO RECEIVE THESE UPDATES BY EMAIL
PLEASE EMAIL COMMUNICATE@TEMAGAMI.CA

